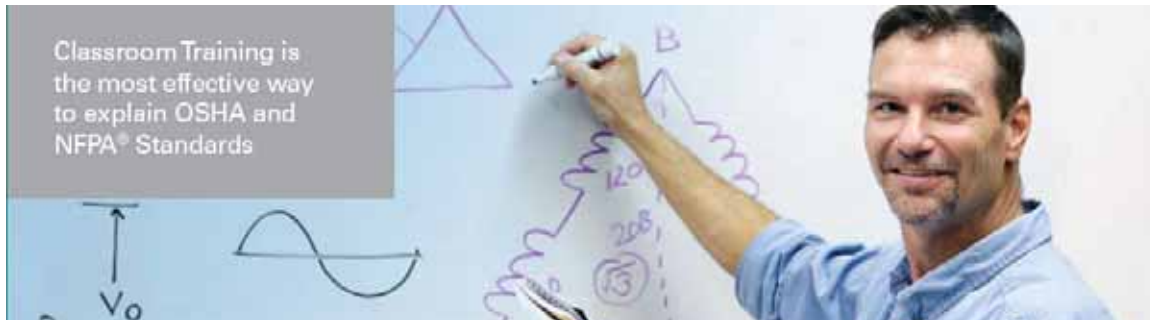


OSHA 10 Hour Training Course



Littelfuse POWR-GARD Services provides a broad selection of on-site and online Safety Training courses designed to increase safety and help your facility meet industry requirements. For complete listings of Training courses, visit www.littelfuse.com/services.

COURSE OSH101 **OSHA 10 HR General Industry** **Safety Training**

DURATION:
10 Hours
(1-2 Days)

LEVEL:
Introductory

ATTENDANCE:
Maintenance Workers
Contractor Personnel
Supervisors
Safety Managers

DESCRIPTION:

Most states and government agencies require contractors who perform construction or maintenance services on public buildings and facilities to employ workers who have attended an authorized 10 hour OSHA safety training class. Employees must be able to identify workplace hazards and use safe work practices and protective equipment if exposed to the hazards. Workers must have received a certified 10 hour card from OSHA. Some industrial and commercial general contractors and owners also require sub-contractors to train or employ workers who have received 10 hour OSHA safety training. Littelfuse Course OSH101 is taught by an OSHA General Industry outreach trainer authorized to issue 10 hour OSHA certification cards to those who successfully complete the 10 hour program. OSHA 29 CFR 1910 General Industry standards are reviewed and studied.

TOPICS INCLUDE:

- Introduction to OSHA, Employer and employee rights and responsibilities
- OSHA inspections, Citations, and Penalties
- Fall protection, walking, and working surface safety (Subpart D)
- Exit routes, Emergency Action Plans, and Fire Protection Plans (Subparts E and L)
- Introduction to Electrical safety (Subpart S)
- Hazard Awareness and Communication requirements (Subpart Z)
- Personal Protective Equipment (Subpart I)
- Hazardous Materials (Subpart H)
- Materials Handling (Subpart N)

DELIVERABLES:

- PowerPoint presentation
- Workbook and classroom exercises
- Handout materials